



# A Palm Spring Retreat

## . *Healing Body Image Issues*

### . Time & Dates

June. 26 – 28, 2020

Fri. 7:00 pm – Sun. 12:00pm

Fee: \$395.00/Weekend

- Deposit of \$155.00 to hold your spot -

Limited to 8 people...

Our focus will be on the embracing the miracle of abstinence and using Spiritual Principles to:

become a loving ally to our body

compassionately accept any disease damage, our genetics, and our chronology.

challenge the cultural bigotry of *Looksism* and to let go of any self-directed bigotry.

place dependencies on our Higher Power, not body size, shape or weight.

5 moderate meals provided: Sat. breakfast, lunch, dinner, Sun. breakfast, lunch. Bring personal care items, swimsuit, walking shoes, casual clothes, and writing paper and pen.

We will be staying at a beautiful condo complex, each with 1600sf, plus pool, spa, and great views.

**Email Becky or call 800-278-8050 to register  
or for more info...**

[http://www.casitasdelmonte.com/photoalbum.php  
?gallery=Rooms\\_1](http://www.casitasdelmonte.com/photoalbum.php?gallery=Rooms_1)

**Join us for a weekend of moderate meals,  
healing, and RECOVERY!**

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[www.eatingaddictionrecovery.com](http://www.eatingaddictionrecovery.com)

email: [Becky@eatingaddictionrecovery.com](mailto:Becky@eatingaddictionrecovery.com)

**800-278-8050**